

Singing Hen CSA

Garden Basket

This CSA option is great for families who are looking to get weekly fresh vegetables from their local community farmer.

A full share is suitable for a family of 3-4 with a mix of 4-5 types of vegetables weekly. Because we grow with the seasons, the vegetables you receive will vary from month to month or even week to week! This biodiversity allows for a thriving gut microbiome and allows for ease of synergy with Mother Nature's beautiful rhythms.

A half share is suitable for a family of 1-3 with a mix of 4-5 types of vegetables weekly. You will receive the same diversity of produce, just a smaller amount. Because we grow with the seasons, the vegetables you receive will vary from month to month or even week to week! This biodiversity allows for a thriving gut microbiome and allows for ease of synergy with Mother Nature's beautiful rhythms.

Full share -\$900

Half share-\$500

Forager Basket

Our herbal CSA is great for the budding herbalist or experienced apothecary. A once a month basket of dried and fresh herbs, garden grown and wild harvested off the land. 10 bundles of herbs of your choosing are available each month. A news letter will be sent out beforehand to allow members to select their herbs for that month. The blend of herbs will extend beyond just culinary into the medicinal, allowing for an ability to build your own stock for you and your family.

Full share - \$250

Add-Ons

Eggs

Our eggs will be available in limited quantities and may be added to your weekly or monthly CSA basket on a first come, first served basis. Our girls are free ranged, un-vaccinated and organic. They have free range of the 20 acres we call home and get lots of greens and fruits throughout the week to round out their diet. We are currently working on converting our flock to 100% heritage breed poultry. Why? Heritage fowl are pre-modern. They have more intact survival skills such as foraging, mothering and predator awareness. We believe that this allows our feathered friends to participate more holistically in our ecological web on the farm.

Coming late summer 2023

Chicken eggs- \$8/dozen

Duck eggs - \$12/dozen

Quail eggs - \$8/dozen

*Please expect there may be a decline in production in the dark months of the year as we do not use lighting to extend their laying period.

Bread

Handcrafted and filled with love, our seasonal bread selection is a must try! Made with a wild yeast sourdough starter and set to proof over 12-16 hours. This method allows for a more synergetic bread, and tasty!

Bread is available October – May. As with everything we do on the farm, we look at the implications on our microbiome. Traditionally bread was eaten more heavily in the fall and wintertime (as that is when the grain was harvested) and less so in the summer (when your stores would have been depleted). If you come by our farm stand on the bread off season you may just find one up for grabs here or there but it will only be available for a CSA add-on October-May.

Flavors range from \$8-\$12

*Check updated list at time of ordering.

Goat milk

Coming fall 2023

Kombucha

May-October

Handcrafted organic Kombucha! Experience seasonal flavors harvested from the farm and the surrounding community! Made with molasses, honey, black tea and green tea, our kombucha is uplifting and oh-so-yummy! Check our website or visit us at the farmers market for current flavors.

Pricing info coming soon.

Tinctures

Handmade with love and the planetary influences, our tinctures are a combination of wildcrafted and farm grown. Along with tinctures we also have flower essence available, they are cultivated with the Mother plant under a shining midday sun.

Please check website or the farmers market for current availabilities. Custom orders also available upon request :)

Flower Essence:

Dram- \$9

½ oz- \$12

Tincture:

½ oz- \$12

1 oz- \$18

2 oz- \$35

Salves and other first aid

More info coming soon!

Available Fall 2023

Flowers

More info coming soon!

Available May 2023!

More seasonal add-ons

Pies, pastries, syrups, jams, oh my!

More info coming soon.

How to sign up

Please reach out to us through www.singinghenfarm.com and click on shop.

If you would like to pay in full and receive a 10% discount PLEASE EMAIL SO AN INVOICE AN BE SENT TO YOU DIRECTLY. PLEASE DO NOT SIGN UP THROUGH SITE.

If you would like to make payments, there will be an option on the shop to choose from. The payments for the garden basket will be in 4 installments and made automatically each month until fulfilled. For the Foragers basket up to 2 installments can be made.

If you have any question we are available through email (singinghenfarm@proton.me) or at the Silverton farmers Market :)

Herb List 2023

**Common names have been proved for ease of reading if you are interested in specific varieties we will be having please inquire through email :)*

**The list will be updated as we acquire more seeds and expand our biodiversity!*

Angelica	Dandelion	Nasturtium
Artemesia, wormwood	Echinacea	Oregano
Ashwagandha, Vedic	Elecampane	Toothache plant
Basil	Fennel	Parsley
Bee Balm	Garlic	Plantain
Borage	Ginger	Rosemary
Burdock	Horehound	Sage
Calendula	Lavendar	Stinging Nettle
Catnip	Lemon Balm	St. John's Wort
Chamomile	Lovage	Strawberry leaf
Chrysanthemum	Marshmallow	Thyme
Cilantro	Mint	Yarrow
Comfrey	Motherwort	Turkey tail (limited supply)
Coriander seed	Mugwort	Usnea
Cumin seeds	Mullein	Yellow Dock, curly